

Helping Kids and Adults Live Longer & Grow Stronger



MDA is leading the fight to free individuals — and the families who love them — from the harm of muscular dystrophy, ALS and related diseases that take away physical strength, independence and life. Together with our supporters, we're helping kids and adults live longer and grow stronger.

Finding research breakthroughs across diseases

MDA takes a big-picture perspective across neuromuscular diseases to uncover breakthroughs that will accelerate treatments and cures. The power in this research approach is that knowledge and information from one disease can often yield progress in others to speed urgently needed answers for families.

Here are some of MDA's current highlights:

- Funding about 150 MDA research projects around the world
- Awarded nearly 70 MDA research grants in 2016 with a total funding commitment of more than \$16 million
- Contributed to dozens of clinical trials now underway
- In 2016, the FDA approved the first disease-modifying drugs to treat Duchenne muscular dystrophy (DMD) and spinal muscular atrophy (SMA)



Caring for kids and adults from day one

MDA provides early diagnosis, highly specialized care and access to promising clinical trials at MDA Care Centers in top hospitals and health care facilities across the United States and Puerto Rico.

In 2016, MDA:

- Provided care and support to more than 100,000 individuals
- Offered best-in-class, comprehensive care at more than 150 MDA Care Centers
- Coordinated nearly 50,000 visits at MDA Care Centers, with families seeing multiple health care specialists in a single appointment
- Provided information to 3.4 million visitors on mda.org



Empowering families with services and support

From support groups and educational seminars to assistance with durable medical equipment and giving kids with muscular dystrophy the best week of the year at MDA Summer Camp, MDA empowers families in hometowns across America with the help and support they need today.

Consider MDA's impact last year:

- Launched a National Resource Center in July 2016, where MDA specialists provided one-on-one help to 10,000 individuals
- More than 3,000 gently used assistive devices provided to help kids and adults maintain mobility and independence
- About 3,800 kids experienced MDA Summer Camp at no charge to their families



Take Action to Help Families Live Unlimited



The freedom to walk, to talk, to run and play. To laugh, to hug. To eat. To breathe. Each day across the country, these everyday freedoms are taken away from kids and adults with muscular dystrophy, ALS and related diseases that weaken muscle strength and severely limit mobility.

You can change that. Together, we can free families from the harm of these devastating diseases so they can live unlimited. **Join us at mda.org to save and improve the lives of the courageous families we serve.**

Here are a few ways you can get involved today:

Make a donation to fund more research and care for families.



Participate in an event. From joining one of MDA's Muscle Walks, to running a half marathon with MDA Team Momentum to attending a black-tie gala, you're sure to find an activity that inspires you from MDA's more than 9,500 events nationwide.



Volunteer at your local MDA office, at an MDA Summer Camp or at an MDA fundraising event in your community.



Download our free MDA Amplify app on your smartphone from the app store to raise awareness on social media.



Every voice, every story and every dollar counts. Thank you for giving hope to MDA families and making urgently needed progress possible.

“Getting our daughter’s diagnosis when she was 2 years old was scary, shocking and isolating. Right off the bat, we knew MDA was on our team and would be there to support us. To have an organization there to provide a community and be a resource for us was and continues to be a huge asset for our entire family.”

— Becky Bormann, whose daughter has congenital muscular dystrophy



Designated a “Top-Rated Charity” by the American Institute of Philanthropy, MDA is the first nonprofit to receive a Lifetime Achievement Award from the American Medical Association for “significant and lasting contributions to the health and welfare of humanity.”

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Lifetime Achievement Award



Top-Rated Charity